

EXPERIENCING & EXPLORING
CONTEMPLATIVE SMALL GROUP SPIRITUAL DIRECTION

3rd ANNUAL RETREAT

Dates: Thursday November 5th 2015 from 5:00pm (arrival time anytime after 3:00pm) to Saturday November 7th at 1:00 pm

Location: Jericho House Youth Leadership, Justice & Spirituality Centre, Wainfleet, Ontario, 10845 Rathfon Road,
Website: jerichohouse.org

Retreat Team: Christine Rybka-Miki, Maureen McDonnell and Paul Miki

Our hope is to assist persons to open up to and become aware of the Divine Mystery deep within each person and surrounding us in our natural environment. In this retreat we offer the practice of contemplative small group spiritual direction, a process that opens us to the profound graces available through accompanying other persons on their unique life journey. We offer an opportunity to participate in a creation walk through ancient forests, to a local quarry and to the shores of Lake Erie.

It is our hope that participants will engage in a process that creates a community that is loving, life-giving, listening, trusting, open to self and one another and non-judgmental.

We hope participants will experience the graces of this retreat and a desire to bring others to know the gift of spiritual guidance in various contexts. We encourage participants to bring any artistic medium that they may feel most comfortable with for self-expression.

Cost: \$295.00 per person (Space limited to 20 persons)

Cost covers: Accommodation; dinner Thursday evening,
3 meals Friday and breakfast and lunch on Saturday & Retreat

Retreat Team: Christine Rybka-Miki Maureen McDonnell, & Paul Miki

Christine Rybka-Miki, M. DIV, DSD; is known for her work as a spiritual director, spiritual direction supervisor, and retreat and workshop facilitator with many years of experience throughout southern Ontario. Christine enjoys Japanese Brush painting.

Maureen McDonnell, D.Min; teaches and guides persons in a contemplative approach to spiritual direction. She recently retired from teaching at Regis College, University of Toronto. She currently offers spiritual direction and spiritual direction supervision, and hopes to assist in making spiritual direction more available to persons in all stages of life and life situations.

Paul Miki, D.Min, is passionate about the interdependence and unity of all people in our diversity. He is a retreat facilitator, religious and family life educator, with many years of experience in adult and youth leadership training and facilitation, school chaplaincy and social justice

Registration form: contact Christine at: whisperinggrace1@gmail.com

Retreat Registration

Our contemplative retreat will begin with arrival on Thursday afternoon November 5th 2015, and continue until Saturday afternoon after lunch. The fee covers the cost of accommodation at Jericho House, all the meals and the retreat.

To **confirm** your place at the retreat please complete the enclosed application form and send it with your cheque for **\$295.00 to Whispering Grace:**

**Whispering Grace
Attn: Christine Rybka-Miki
3570 Fieldgate Drive,
Mississauga, Ontario
L4 X 2J7**

Bring along boots and outwear to enjoy the trails. Time will also be set aside for a prayerful group walk.

Mail the portion below with your payment please

Name: _____

Address: _____

Telephone: _____ **Email:** _____

Dietary restrictions? _____

Do you need a ride or can you offer a ride? _____

Confirmation will be sent to your e-mail

Date Received (for office use): _____

**For more information about Jericho House and directions go to
their website**

www.jerichohouse.org

For any further information please contact

Christine - e-mail: whisperinggrace1@gmail.com or by phone: 905-625-1330
